



**ترك عمان**  
**TRUCKOMAN**

**TruckOman**  
**2010 Four Points Challenge Race**  
**25<sup>th</sup> & 26<sup>th</sup> March 2010**  
**For Beach Catamarans**

**SPECIAL SAILING INSTRUCTIONS**

**1. Rules and Management**

The event will be governed by the ISAF RRS 2009-2012, this Notice of Race (except any changes made by the Sailing Instructions), the Sailing Instructions, the relevant International Class Rules and any posted amendments on the PDO Boat Club Bridge Notice Board, This event is designated Category C as stated in Appendix 1 of the RRS 2009 – 2012.

The designated Officer of the Day (OOD), the Race Committee, PDO Recreation Club Boat Sailing Section Committee and their appointed members, will manage the event.

**2. Racing Area**

The race will be four physical marks, Mark 1 the “**Fahal Island**”, Mark 2 “**Intercon Wreck Buoy**”, Mark 3 “**Casataways Wreck Buoy**”, Mark 4 “**Intercon Wreck Buoy**”.

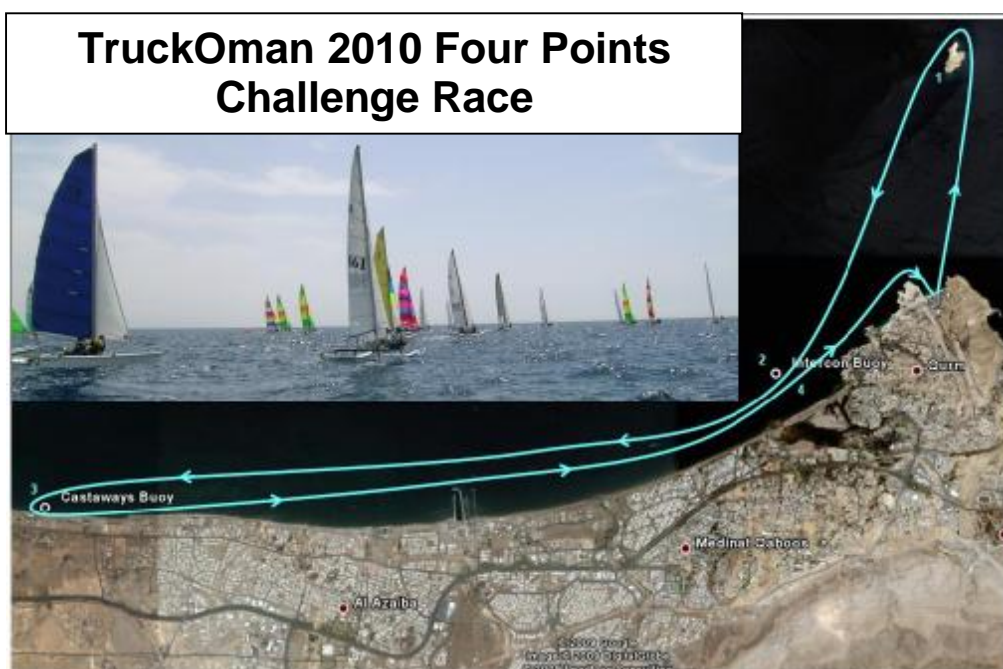
Total course distance approximately 22nm.

**3. Changes to the Special Sailing Instructions and Race Schedules**

Any changes to the Special Sailing Instructions (other than the Racing Schedules) will be posted before 08.30 hours on the day it will affect.

Any change in the first scheduled Starting Time will be posted before 19.00 hrs on the day before it will take effect.

**4. The Course and Marks**



The Race Committee may replace a missing mark with any mark or vessel displaying Flag M.

The approximate coordinates of the marks are:

Northing			Easting			Mark / Leave to "-----"
Deg	Mins	Secs	Deg	Mins	Secs	
23	40	48	058	30	03	Fahal Island - Port
23	38	05	058	28	16	Intercon Wreck Buoy - 1 <sup>st</sup> time Starboard Intercon Wreck Buoy – 2 <sup>nd</sup> time Port
23	37	12	058	19	30	Castaways Wreck Buoy - Port

The predicated tides are:

25<sup>th</sup> March 2010 Low Tide @ 10:10 - 0.7m / High Tide @ 17:20 - 2.0m

26<sup>th</sup> March 2010 Low Tide @ 11:27 - 0.6m / High Tide @ 18:13 - 2.2m

## 5. Classes

All beach catamaran classes up to and including 21ft LOA, with or without spi/gen-nakers

All entries are to be in accordance with their relevant class rules.

The latest SCRHS shall be used for assignment of boat handicaps, important note, an age allowance – adjustment of handicap may be granted to older Hobie 16s / Prindle 16s / Dart 18s / Hobie 18s at the sole discretion of the race committee. Such adjustments will be posted at least 60 minutes before the official start.

Class Flags

Group A - Catamarans with an Oman SCHRS Rating higher than 1.101   Hobie Class Insignia Flag

Group B - Catamarans with an Oman SCHRS Rating lower than 1.100   Lima Flag

## 6. Prizes

Trophies will be awarded for:

Overall Handicap winner

Overall Handicap Mid place placing

At the sole discretion of organisers additional trophies or prizes may be awarded

Prize giving will be approximately 1 hour after the last catamaran finishes on the water on either 25<sup>th</sup> March or 26<sup>th</sup> March at the PDO Recreation Boat Club depending on whether racing is concluded on the 25<sup>th</sup> March or the 26<sup>th</sup> March 2010.

## 7. Registration

All teams shall complete their registration between 08:30 & 10:00 on Thursday 25<sup>th</sup> March 2010 at the PDO RC Boat Club Bridge.

No entry fees.

## 8. Schedule of Race

The TruckOman Four Points Challenge Race will take place on Thursday 25<sup>th</sup> March & potentially Friday 26<sup>th</sup> March 2010.

### 25<sup>th</sup> March 2010

25 <sup>th</sup> March 08:30 – 9:30	Registration
25 <sup>th</sup> March 09:00	Briefing
25 <sup>th</sup> March 10:30	First start not before this time Staggered class start

### 26<sup>th</sup> March 2010 (if required)

26 <sup>th</sup> March 10:30	First start not before this time Staggered class start
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### Contingency if there is no racing on Thursday 25<sup>th</sup> March

Should we be unable to race on Thursday the same full course or shorten course option 1 will be held on Friday 26<sup>th</sup> March.

### Fleet racing for Friday 26<sup>th</sup> March 2010

If the TruckOman Four Points Challenge Race is held on the Thursday 25<sup>th</sup> March, the race committee will hold mixed fleet racing on Friday 26<sup>th</sup> March which will consist of several round the buoys race and wind permitting a round the island race. A briefing and sign on registration for the day will be held at 11:15 with a first start not before 12:00.

The results from the Friday 26<sup>th</sup> March fleet racing are not part of the TruckOman Four Points Challenge Race and shall be considered as a separate standalone event. All races will count in the final scoring.

At the sole discretion of organisers additional trophies or prizes may be awarded for the Friday 26<sup>th</sup> March fleet racing.

## 9. Start Sequence:

Thursday 25<sup>th</sup> March 2010 & Friday 26<sup>th</sup> March 2010 (TruckOman Four Points Race & Mixed fleet racing)

The start sequence will be as follows:-

-10	Hobie Class Flag up	Sound Signal	Warning Group A
-9	Flag P, I, or Black flag up	Sound Signal	Preparatory
-6	Preparatory Flag down	Sound Signal	One Minute
-5	Hobie Class Flag down	Sound Signal	Start
-5	Lima Class Flag up	Sound Signal	Warning Group B
-4	Flag P, I, or Black flag up	Sound Signal	Preparatory
-1	Preparatory Flag down	Sound Signal	One Minute
0	Lima Flag down	Sound Signal	Start

## 10. Start Signals

### 25<sup>th</sup> March 2010 & 26<sup>th</sup> March 2010 (If applicable) for both the TruckOman Four Points Challenge Race & any mixed fleet racing

Signals will be made from the Race Committee boat stationed at the starboard end of the line or from the Shore Bridge should weather conditions dictate. Changes to Committee Start location and revised Courses will be advised on the official notice board.

The start line will be between a mast of a vessel or a staff on the Race Committee boat, which will be identified by the display of a Red Flag, and the Outer Distance Mark (ODM). The Race Committee boat will be stationed at the starboard end of the line and the ODM will be laid at the port end of the line.

An inner distance mark (IDM) may be laid near the Race Committee boat. No part of any boat shall sail in the triangle created by this mark and the extremities of the adjacent committee boat whilst racing. This prohibited area does not rank as an obstruction when approaching the line to start and the IDM shall rank as a starting mark for the purpose of RRS 18.1 (a).

Starting boats must pass inside the ODM & IDM that delineates the length of the start line.

For the TruckOman Four Points Challenge Race a boat shall not start later than 20 minutes after the start signal. A boat failing to start within this prescribed time limit shall be scored as "Did Not Start" (DNS). For the mixed fleet racing the time limit shall be 4 minutes.

If in any start there are premature starters, Flag X will be displayed on the Race Committee boat immediately following the start signal and one sound signal will be made. It will be the responsibility of each yacht to determine whether she has started correctly.

Flag X will be lowered when all premature starters have returned correctly to the pre-start side of the line or four minutes after start signal, whichever is the earlier.

## 11. General Recall

A General Recall will be indicated by the display of Flag '1<sup>st</sup> Substitute' and two sound signals. After the removal of Flag 1<sup>st</sup> Substitute and one sound signal the warning signal for the next class will be made one minute later. The recalled class will then start after the next class to start.

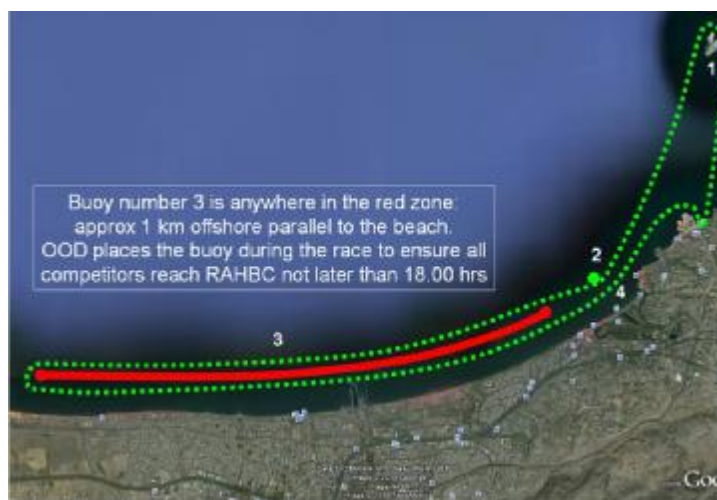
## 12. Shortened Course

### Shorten course Option 1

Providing there is enough wind to sail to red zone i.e. in the general vicinity of the Intercon or Hyatt or Chedi or beyond and back we will hold the TruckOman Four points race on Thursday 25<sup>th</sup> March with an option to shorten as detailed below.

The OOD will place in the red zone a new turning buoy "3" in sufficient time to enable the lead boats to approach and round to port without being compromised. Please note the race committee will not accept any request for redress if a team considers that their position was compromised by the timing / location of the new turning buoy.

The committee boat will sound numerous horn blasts to make the fleet aware that a shorten course Option 1 has been selected.



## Shorten course option 2

The shorten course signal, Flag S, will be flown on an official boat at or near a rounding mark. The finish will be between the nearby mark and the official boat.

When crossing a shortened course finish line, the onus is on the boat to decide whether or not it has completed the shortened course.

### 13. Finish

#### TruckOman Four Points Challenge Race

The finish line will be between the second and third buoy in PDO bay with the 1<sup>st</sup> buoy of the bay being furthest west / nearest the Coffee Shop end of the Jebel.

Each boat is requested to record their own elapsed time in hours / minutes / seconds as they finish.

The race committee will endeavour to have a committee boat on station at the finish line however the onus is on the competing team to finish as prescribed and to record their time and sign out with their elapsed time on the self declaration form which will be located on the bridge at RAHBC.

#### Mixed Fleet racing

The finish line will be between a mast of a vessel or a staff on the Race Committee boat, which will be identified by the display of a Blue Flag, and the ODM. If laid, the IDM is not mark of the course when finishing.

### 14. Penalty System

A penalty turn comprising of one tack and one gybe may be completed instead of the specified two tacks and two gybes penalty to comply with RSS 44.1 & 44.2.

### 15. Protests

Any protest or protest procedure shall be carried out as in Part 5 of RRS.

### 16. Scoring

The Low Point Scoring System in accordance with RRS Rule A4 shall apply.

Each boat finishing and not thereafter retiring or being disqualified will score points as follows:

Finishing Place	Points
1 <sup>st</sup>	1
2 <sup>nd</sup>	2
3 <sup>rd</sup>	3
4 <sup>th</sup> 5 <sup>th</sup> 6 <sup>th</sup> Etc	4, 5, 6 etc

A boat in breach of Rule 29.1 (OCS), not starting (DNS), not finishing (DNF), retiring (RTD), disqualified (DSQ) or a disqualified non excludable (DNE) will be scored with one more point than the number of boats entered for the event.

All boat, crew weight and equipment violations may additionally be protested under RRS 2 (Fair Sailing) and will be scored under DNE – Disqualified Not Excludable. Whenever possible, competitors will be warned of potential equipment violations on the beach before racing when observed by other competitors, the jury, or regatta officials.

In the event of a tie for any final position, the winner will be decided in accordance with Appendix A of the RRS.

### 17. Lifejackets / Buoyancy

Adequate personal buoyancy is to be worn at all times in accordance with RRS 40 except that Flag Y will not be flown. Non-compliance will result in a disqualification not excludable, DNE. Wet suits and trapeze harness are not adequate personal buoyancy unless designed to include a buoyancy aid.

**18. Sign on / Sign off**

**TruckOman Four Points Challenge race**

Teams are required to Sign on **and** off.

**Mixed fleet racing**

Sign on only is required.

**19. Insurance**

All competitors must be covered by a minimum of Third Party liability insurance.

**20. Disclaimer**

Competitors sail entirely at their own risk. Neither, PDORC, OOD, or RAHBC nor its members, event sponsors, officers, committees or volunteers accept any liability for damage, accident, injury or loss, material or personal, suffered during the course of this Race, or at any other time. It is the sole responsibility of each competitor to decide whether to start, or continue to race.