



**TruckOman**  
**Four Points Challenge Race 2009**  
**28<sup>th</sup> & 29<sup>th</sup> May 2009**  
**For Beach Catamarans**

**SPECIAL SAILING INSTRUCTIONS**

**1. Rules and Management**

The event will be governed by the ISAF RRS 2009-2012, this Notice of Race (except any changes made by the Sailing Instructions), the Sailing Instructions, the relevant International Class Rules and any posted amendments on the PDO Boat Club Bridge Notice Board, This event is designated Category C as stated in Appendix 1 of the RRS 2009 – 2012.

The designated Officer of the Day (OOD), the Race Committee, PDO Recreation Club Boat Sailing Section Committee and their appointed members, will manage the event.

**2. Racing Area**

The race will be four physical marks, Mark 1 the “Fahal Island”, Mark 2 “Intercon Wreck Buoy”, Mark 3 “Casataways Wreck Buoy”, Mark 4 “Intercon Wreck Buoy”.

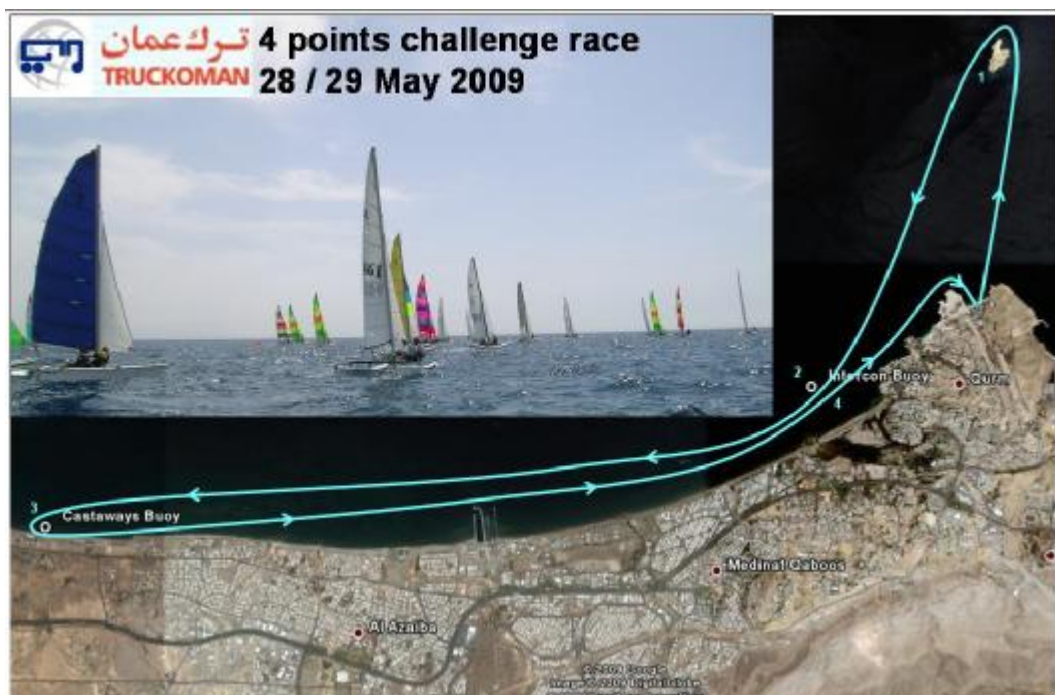
Total course distance approximately 22nm.

**3. Changes to the Special Sailing Instructions and Race Schedules**

Any changes to the Special Sailing Instructions (other than the Racing Schedules) will be posted before 08.30 hours on the day it will effect.

Any change in the first scheduled Starting Time will be posted before 19.00 hrs on the day before it will take effect.

**4. The Course and Marks**



A diagram of the courses showing the position of the marks and the starting and finishing lines, the order in which the marks are to be rounded, the side on which each mark is to be left and a description of the marks will be shown on the Notice Board.

The Race Committee may replace a missing mark with any mark or vessel displaying Flag M.

The approximate coordinates of the marks are:

Northing			Easting			Mark
Deg	Mins	Secs	Deg	Mins	Secs	
23	40	48	058	30	03	Fahal Island
23	38	05	058	28	16	Intercon Wreck Buoy
23	37	12	058	19	30	Castaways Wreck Buoy

The predicated tides are:

28<sup>th</sup> May 2009 High Tide @ 11:54 - 2.5m / Low Tide @ 17:58 - 1.1m

29<sup>th</sup> May 2009 High Tide @ 12:43 - 2.4m / Low Tide @ 19:04 - 1m

## 5. Classes

All beach catamaran classes up to and including 21ft LOA, with or without spi/gen-nakers

All entries are to be in accordance with their relevant class rules.

The latest SCRHS shall be used for assignment of boat handicaps, important note, an age allowance – adjustment of handicap may be granted to older Hobie 16s / Prindle 16s / Dart 18s / Hobie 18s at the sole discretion of the race committee. Such adjustments will be posted at least 60 minutes before the official start.

Class Flags

Group A - Catamarans with an Oman SCHRS Rating higher than 1.101   Hobie Class Insignia Flag

Group B - Catamarans with an Oman SCHRS Rating lower than 1.100   Lima Flag

## 6. Prizes

Trophies will be awarded for:

Overall Handicap winner

Overall Handicap Mid place placing

At the sole discretion of organisers additional trophies or prizes may be awarded

Prize giving will be approximately 1 hour after the last catamaran finishes on the water on either 28<sup>th</sup> May or 29<sup>th</sup> May at the PDO Recreation Boat Club depending on whether racing is concluded on the 28<sup>th</sup> May.

## 7. Registration

All teams shall complete their registration between 09:00 & 10:00 on Thursday 28<sup>th</sup> May 2009 at the PDO RC Boat Club Bridge.

No entry fees.

**8. Schedule of Race**

The TruckOman Four Points Challenge Race will take place on Thursday 28<sup>th</sup> May 2009 & potentially Friday 29<sup>th</sup> May 2009.

**Thursday**

- 09:00 – 10:00 Registration
- 10:00 Briefing
- 11:00 First start not before this time Staggered class start using PDO bay buoys

Should the first catamaran fail to pass through the transit gate of the “Castaways Wreck Buoy” and the “Three White Cement Silos” as part of the rounding of this mark before 1500, then all boats as they cross the prescribed midway transit shall be considered as finished racing for the day and all boats shall then proceed to the beach adjacent to the three cement silos for an overnight stop.

Racing will then recommence on Friday 29<sup>th</sup> May 2009 with the first start not before 11:00

**Friday (If required)**

- 11:00 First start not before this time Staggered class start using a committee boat as per section 9 & 10

**9. Start Sequence:**

Thursday 28<sup>th</sup> May 2009 / Friday 29<sup>th</sup> May 2009 (if applicable)

The start sequence will be as follows:-

-10	Hobie Class Flag up	Sound Signal	Warning Group A
-9	Flag P, I, or Black flag up	Sound Signal	Preparatory
-6	Preparatory Flag down	Sound Signal	One Minute
-5	Hobie Class Flag down	Sound Signal	Start
-5	Lima Class Flag up	Sound Signal	Warning Group B
-4	Flag P, I, or Black flag up	Sound Signal	Preparatory
-1	Preparatory Flag down	Sound Signal	One Minute
0	Lima Flag down	Sound Signal	Start

**10. Start Signals**

**28<sup>th</sup> May 2009 & 29<sup>th</sup> May 2009(If applicable)**

Signals will be made from the Race Committee boat stationed at the starboard end of the line **or** from the Shore Bridge should weather conditions dictate. Changes to Committee Start location and revised Course’s will be advised on the official notice board.

The start line will be between a mast of a vessel or a staff on the Race Committee boat, which will be identified by the display of a Red Flag, and the Outer Distance Mark (ODM). The Race Committee boat will be stationed at the starboard end of the line and the ODM will be laid at the port end of the line.

An inner distance mark (IDM) may be laid near the Race Committee boat. No part of any boat shall sail in the triangle created by this mark and the extremities of the adjacent committee boat whilst racing. This prohibited area does not rank as an obstruction when approaching the line to start and the IDM shall rank as a starting mark for the purpose of RRS 18.1 (a).

Starting boats must pass inside the ODM & IDM that delineates the length of the start line.

A boat shall not start later than 60 minutes after the start signal. A boat failing to start within this prescribed time limit shall be scored as "Did Not Start" (DNS).

If in any start there are premature starters, Flag X will be displayed on the Race Committee boat immediately following the start signal and one sound signal will be made. It will be the responsibility of each yacht to determine whether she has started correctly.

Flag X will be lowered when all premature starters have returned correctly to the pre-start side of the line or four minutes after start signal, whichever is the earlier.

#### **11. General Recall**

A General Recall will be indicated by the display of Flag '1<sup>st</sup> Substitute' and two sound signals. After the removal of Flag 1<sup>st</sup> Substitute and one sound signal the warning signal for the next class will be made one minute later. The recalled class will then start after the next class to start.

#### **12. Shortened Course**

The shortened course signal, Flag S, will be flown on an official boat at or near a rounding mark. The finish will be between the nearby mark and the official boat.

When crossing a shortened course finish line, the onus is on the boat to decide whether or not it has completed the shortened course.

#### **13. Finish**

The finish line will be between the second and third buoy in PDO bay with the 1<sup>st</sup> buoy of the bay being furthest west / nearest the Coffee Shop end of the Jebil.

Each boat is requested to record their own elapsed time in hours / minutes / seconds as they finish.

The race committee will endeavour to have a committee boat on station at the finish line however the onus is on the competing team to finish as prescribed and to record their time and sign out with their elapsed time on the self declaration form which will be located on the bridge at RAHBC.

If a Race committee boat is stationed on the finish line it will display on a mast or a staff a Blue Flag near the prescribed the finish line, however please note that the finish line is still between the two designated buoys as described above.

#### **14. Penalty System**

A penalty turn comprising of one tack and one gybe may be completed instead of the specified two tacks and two gybes penalty to comply with RSS 44.1 & 44.2.

#### **15. Time Limit**

On the May 28<sup>th</sup> racing may continue until 30 minutes before the official sunset -18:47 GST. Each team are solely responsible to take the appropriate course of action to land their catamaran safely to a beach before sunset.

Each team are also requested to record their elapsed time as they pass through the transit gate of the **Castaways Wreck Buoy** and the **Three White Cement Silos**.

Should the first catamaran fail to pass through this transit gate as part of the rounding of this mark before 15:00, then all boats as they cross this prescribed midway transit shall be considered as finished racing for that day and all boats shall then proceed to the beach adjacent to the three cement silos for an overnight stop.

Racing will then recommence on Friday 29<sup>th</sup> May 2009, with the first start not before 11:00

**16. Protests**

Any protest or protest procedure shall be carried out as in Part 5 of RRS.

**17. Scoring**

The Low Point Scoring System in accordance with RRS Rule A4 shall apply.

Each boat finishing and not thereafter retiring or being disqualified will score points as follows:

<b>Finishing Place</b>	<b>Points</b>
1 <sup>st</sup>	1
2 <sup>nd</sup>	2
3 <sup>rd</sup>	3
4 <sup>th</sup> 5 <sup>th</sup> 6 <sup>th</sup> Etc	4, 5, 6 etc

A boat in breach of Rule 29.1 (OCS), not starting (DNS), not finishing (DNF), retiring (RTD), disqualified (DSQ) or a disqualified non excludable (DNE) will be scored with one more point than the number of boats entered for the event.

All boat, crew weight and equipment violations may additionally be protested under RRS 2 (Fair Sailing) and will be scored under DNE – Disqualified Not Excludable. Whenever possible, competitors will be warned of potential equipment violations on the beach before racing when observed by other competitors, the jury, or regatta officials.

In the event of a tie for any final position, the winner will be decided in accordance with Appendix A of the RRS.

**18. Lifejackets / Buoyancy**

Adequate personal buoyancy is to be worn at all times in accordance with RRS 40 except that Flag Y will not be flown. Non-compliance will result in a disqualification not excludable, DNE. Wet suits and trapeze harness are not adequate personal buoyancy unless designed to include a buoyancy aid.

**19. Sign on / Sign off**

Teams are required to Sign on **and** off.

**20. Insurance**

All competitors must be covered by a minimum of Third Party liability insurance.

**21. Disclaimer**

Competitors sail entirely at their own risk. Neither, PDORC, OOD, or RAHBC nor its members, event sponsors, officers, committees or volunteers accept any liability for damage, accident, injury or loss, material or personal, suffered during the course of this Race, or at any other time. It is the sole responsibility of each competitor to decide whether to start, or continue to race.